



YMCA Grants Pass Swimming is a competitive swim team for children ages 5-18

Join the YMCA GPS Swim Team. Improve your skills, set personal goals and achieve them with the camaraderie of other swimmers. Swimming develops endurance, strength, and flexibility!

Swim team is a great off season sport. Available options run year-round or summer only.

Land Classes \$45.00

- ◆ Starting April 6, 2021
- ◆ Classes are Tuesday, Thursday and Friday
- ◆ Multipurpose room starting at 4pm
- ◆ All swimmers must maintain an active YMCA membership during the program.

June 1 At the YMCA

- ◆ Stroke School - 3 days per week: \$45 per month. Starting at 4pm
- ◆ 3 days per week: \$45 per month. Starting at 4:30pm
- ◆ 5 days per week: \$55 per month. Starting at 4:30pm
- ◆ All swimmers must maintain an active YMCA membership during the program.
- ◆ All families must volunteer either 10 hours or pay \$100 per swimmer per season.
- ◆ Due to liability reasons all athletes must register and pay the USA Swimming/ Oregon Swimming, Inc. fee of \$72 per calendar year or \$42 for a summer participant. Fees and registration for this will be collected at the Y and receipts given to the coaches prior to starting.



Location and Try-Out Times:

- ◆ Tryouts are last Tuesdays of every month at 4:30pm
- ◆ Swimmers must be between the ages of 5-18 and be able to swim at least 2 lengths of the pool unassisted using at least 2 of the 4 competitive swim strokes.
- ◆ Participation in swim meet competitions is not required as a member of the GPS team but is encouraged so swimmers can test their abilities and reach individual goals. All meets that GPS team are invited to will be on the calendar so you can decide what fits best with your family's schedule.

Summer Swim 2021: Summer swim will start June 14, 2021. More information will be available as it becomes available.