



Lifeguard Training Course

for ages 15+



Save Lives Make a Difference

Online registration is available



Certification is good for 2 Years

Training includes Lifeguarding, CPR for the Professional, First Aid and AED.
A Lifeguarding Book (printout) and CPR Mask is yours to keep.

\$167.00 Y-Members

\$217.00 Non-Members.

Try-outs and Book Pick-up will be held on Saturday,
March 16th 9 AM

Monday, March 25th-Friday, March 29th, 2019

8:30 AM-4:30 PM Daily

Participant must attend all sessions.



- Participant must be able to swim 300 yards
- Participant must attend all days of training.

