



Grants Pass Family YMCA

BRIDGE RUN



5 K Run/2 Mile Walk



Thanks to a generous donation from Evergreen Bank, we will be using our brand new race timing system and finish chute. Thank you Evergreen Bank for your support of our YMCA and of our community!

FEEL HEALTHIER BE STRONGER

When: Saturday, May 6, 2017

Time: Check-in starts at 7:30am Race at 8:30am

Where: Grants Pass Family YMCA, 1000 Redwood Ave.

Entry Fee: Register prior to April 23rd: \$15; Youth (17 and under): \$10
Registration after April 23rd: \$10 more per registration.

T-shirts: Performance shirts for preregistered runners only.
Available for \$15 each.

Awards: Medals for top finishers, ribbons two deep in all age groups.

Raffle Prizes: Random drawings for pre-registered only. Must be present to win.

Raffle Prizes Include:

**6th Gen Ipad Touch, GoPro Hero Session Camera, Fitbit Charge 2
& SO MUCH MORE!**

Restrictions: No roller skaters, bicycles, skateboards, dogs or unregistered runners.



GRANTS PASS YMCA 1000 REDWOOD AVENUE / P.O. BOX 5439 GRANTS PASS, OREGON 97527
541-474-0001 www.grantspassymca.org

PLEASE PRINT

Name: _____ Age: _____ Date of Birth _____ Gender: M / F

Address: _____ Circle one: 5K / 2Mile

City: _____ State: _____ Zip: _____ Phone: _____

Entry Fee: Adult: \$15; Youth (17 & under): \$10 Late Entry Fee: Adult: \$25; Youth (17 & under): \$20

T-shirt: \$15 yes / no Shirt Size: (only circle if purchasing) Adult: S M L XL XXL Youth: M L

Emergency Contact: Name: _____ Phone: _____

Mandatory Release Form

I know that running or walking in this event is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running or walking in this event, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release any and all sponsors including, but not limited to Grants Pass Family YMCA, and all sponsors, the representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may rise out of negligence or carelessness on the part of the persons named in this waiver.

Signed _____ Signature of Parent or Guardian if
Participant is under 18 years _____