



FALL 2022 YOUTH SPORTS

Session 1: September 6 – October 10

Soccer Leagues

LOCATION: REDWOOD PARK

The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute game.

Grades K-2 5:00-6:00pm (MONDAYS)

Grades 3-6 5:00-6:00pm (WEDNESDAYS)

COST: \$40/Member & \$55/Non-member

Track & Field Clinics

LOCATION: REDWOOD PARK

Kids will have fun each week running, jumping, throwing, doing relay races and competitions.

Grades K-6 5:15-6:15pm (TUESDAYS)

COST: \$40/Member & \$55/Non-member

Volleyball Clinics

LOCATION: GRANTS PASS FAMILY YMCA

Learn about volleyball through drills and games.

Grades K-3 4:00-5:00pm (THURSDAYS)

Grades 4-9 5:15-6:15pm (THURSDAYS)

COST: \$40/Member & \$55/Non-member

Contact info: Stephanie Lund
 Director of Sports & Family Programs
 slund@grantspassymca.net

Pickleball Clinics

LOCATION: REDWOOD PARK

Pickleball is the fastest growing sport in our country! It's a combination of ping pong and tennis.

Grades 3-12 4:00-5:00pm (TUESDAYS)

* COST: \$30/Member & \$45/Non-member

* Lower program cost is due to generous donations

Tennis Clinics

LOCATION: GEORGE ECKSTEIN PARK

Clinics are for boys & girls in grades 4-12.

Intermediate must have prior tennis playing experience.

Beginners 4:00-5:00pm (TUESDAYS)

COST: \$40/Member & \$55/Non-member

Intermediate 4:00-5:00pm (WED & THURS)

COST: \$70/Member & \$85/Non-member

Rock Wall Clinics & Archery Lessons

See website or Facebook page for these details.

MICRO SPORTS (for ages 3-5)

Parent participation is REQUIRED.

COST: \$30/Member & \$45/Non-Member

SOCCER 4:00-4:45pm (MONDAYS)

* MULTI-SPORT 4:00-4:45pm (WEDNESDAYS)

* Each week will be a different sport



**BE A
TEAM
PLAYER**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL 2022 YOUTH SPORTS

Session 2: October 17 – November 21

(NO programs Monday, October 31st)

LOCATION: REDWOOD PARK for 3 weeks then last 2 weeks at Dutch Bros Soccer Complex
COST: \$40/Member & \$55/Non-member

LOCATION: GRANTS PASS FAMILY YMCA
COST: \$40/Member & \$55/Non-Member

SOCCER LEAGUE

The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute game.

Grades 2-6 5:00-6:00pm (TUESDAYS)

FLAG FOOTBALL CLINICS

The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute game.

Grades K-2 4:00-5:00pm (WEDNESDAYS)

Grades 3-6 5:15-6:15pm (WEDNESDAYS)

VOLLEYBALL CLINICS

Our focus is on skill development We will also incorporate drills and games.

Grades 4-9 5:15-6:15pm (THURSDAYS)

BASKETBALL LEAGUE

The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute game.

Grades K-1 4:00-5:00pm (MONDAYS)

Grades 2-3 5:15-6:15pm (MONDAYS)

Grades 4-6 4:00-5:00pm (THURSDAYS)

ARCHERY GROUP LESSONS

For kids & adults ages 8+ years old. We teach concentration, focus, patience and confidence in a fun learning environment. Advanced must have prior archery experience.

Beginners 4:00-5:00pm (MONDAYS)

Advanced 5:00-6:00pm (MONDAYS)

MICRO SPORTS (for ages 3-5)

Parent participation is REQUIRED.

COST: \$30/Member & \$45/Non-Member

FOOTBALL 4:00-4:45pm (WEDNESDAYS)

SOCCER 4:00-4:45pm (TUESDAYS)

Contact info: Stephanie Lund

Director of Sports & Family Programs

slund@grantspassymca.net

ROCK WALL CLINICS

DATES: OCTOBER 18 - NOVEMBER 8

Our focus is on skill development We will also incorporate drills and games.

Ages 6+ 6:00-7:30pm (TUESDAYS)

COST: \$55/Member & \$70/Non-member