



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL 2021 YOUTH SPORTS

Session 1: September 7 – October 7

CLINICS – We teach the basic skills and rules of the game through drills and fun games.

LEAGUES – The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute scrimmage.

SOCCER LEAGUES – Located at REDWOOD PARK

Grades K-2	MONDAYS from 5:00-6:00pm	\$30/Member & \$45/Non-member
Grades 3-6	WEDNESDAYS from 5:00-6:00pm	\$38/Member & \$53/Non-member

VOLLEYBALL CLINICS – Located at the Grants Pass Family YMCA

Grades K-3	THURSDAYS from 4:00-5:00pm	\$38/Member & \$53/Non-Member
Grades 4-9	THURSDAYS from 5:15-6:15pm	\$38/Member & \$53/Non-Member

PICKLEBALL CLINICS – Located at REDWOOD PARK

Grades 4-10	TUESDAYS from 4:00-5:00pm	\$38/Member & \$53/Non-Member
-------------	---------------------------	-------------------------------

TENNIS CLINICS – Located at PORTOLA PARK (George Eckstein Park)

Grades 4-10	WEDNESDAYS from 4:00-5:00pm	\$38/Member & \$53/Non-Member
-------------	-----------------------------	-------------------------------

TRACK & FIELD CLINICS – Located at REDWOOD PARK

Kids will have fun each week running, jumping, throwing, doing relay races and competitions.

Grades K-6	TUESDAYS from 5:15-6:15pm	\$38/Member & \$53/Non-Member
------------	---------------------------	-------------------------------

MULTI-SPORTS CLINICS – Located at REDWOOD PARK

We will play soccer, kickball, flag football, active scavenger hunts, frisbee and dodgeball.

Grades 2-6	TUESDAYS from 4:00-5:00pm	\$38/Member & \$53/Non-Member
------------	---------------------------	-------------------------------

MICRO SPORTS CLINICS – Located at REDWOOD PARK

Micro Sports is a parent participation clinic for kids ages 3-5 years old. Multi-sport will consist of soccer, football, kickball, t-ball and an active scavenger hunt.

MULTI SPORT	MONDAYS	4:00-4:45pm	\$22/Member & \$37/Non-Member
SOCCER	WEDNESDAYS	4:00-4:45pm	\$28/Member & \$43/Non-Member

Contact info: Stephanie Lund – Director of Sports and Family Programs: slund@grantspassymca.net





FALL 2021 YOUTH SPORTS

Session 2: October 11 – November 11

CLINICS – We teach the basic skills and rules of the game through drills and fun games.

LEAGUES – The 1st week is a 1 hour practice. The next 4 weeks will be a 30 minute practice followed by a 30 minute scrimmage.

LOCATED at REDWOOD PARK

COST: \$38/Member & \$53/Non-member

LOCATED at the GRANTS PASS FAMILY YMCA

COST: \$38/Member & \$53/Non-Member

SOCCKER LEAGUES

Learn how to dribble, pass, kick, throw-in and play the game of soccer.

Grades 2-6 5:00-6:00pm (TUESDAYS)

FLAG FOOTBALL LEAGUES

Learn how to throw, catch and kick a football.

Grades K-2 4:00-5:00pm (WEDNESDAYS)

Grades 3-6 5:15-6:15pm (WEDNESDAYS)

MICRO SPORTS (for ages 3-5)

Parent participation is REQUIRED.

FOOTBALL 4:00-4:45pm (WEDNESDAYS)

SOCCER 4:00-4:45pm (TUESDAYS)

COST: \$28/Member & \$43/Non-Member

VOLLEYBALL CLINICS

Learn how to pass, set, serve, hit & use teamwork.

Grades 4-9 5:15-6:15pm (THURSDAYS)

BASKETBALL CLINICS

Learn how to dribble, pass, shoot & use teamwork.

Grades K-2 4:00-5:00pm (MONDAYS)

Grades 3-6 5:15-6:15pm (MONDAYS)

SPEED & AGILITY CLINICS

Become faster and stronger through drills, stations, games and relay races.

Grades 2-6 4:00-5:00pm (THURSDAYS)

Contact info: Stephanie Lund
 Director of Sports & Family Programs
slund@grantspassymca.net

