



GRANTS PASS FAMILY YMCA

1000 Redwood Avenue, Grants Pass, OR 97527

Join us for our 9th annual

TURKEY TROT

Thursday, November 24, 2022

*Check-in begins at 7:30am * Race begins at 8:30am*

Come dressed up for a fun morning with family and friends.

Enjoy hot chocolate, coffee, chocolate milk, water, bananas, music and more!

5K Race

\$25 per individual

Awards given on basis of age category and gender

2 Mile Fun Run

\$10 per individual - OR -

\$35 per family (all family members MUST be registered and reside in the same household)

Prizes awarded for best costumes, not times, so come dressed up!!

T-Shirts

\$25 per long sleeve shirt and subject to availability



TURKEY 20 TROT 22

Run • Gobble • Nap



EARLY Registration: October 1 - November 13th
LATE Registration: November 14 - November 24th
 LATE registrations will be \$10 more per registration.
 Register TODAY at the YMCA or online at www.grantspassymca.org.

Contact Stephanie Lund for more information: (541) 474-0001 or slund@grantspassymca.net



Evergreen Federal Bank is a proud supporter of the Grants Pass Family YMCA and main sponsor of the Turkey Trot.



2022 Turkey Trot Waiver

Please print

Name: _____

Circle One: 5K * 2 mile FAMILY * 2 mile INDIVIDUAL

Age: _____ Date of Birth ____/____/____ Gender: M / F

T-Shirt: Y / N Size: YS YM YL S M L XL XXL (if purchasing shirt)

Address: _____

City: _____ State: _____

Zip: _____ Phone# _____

Emergency Contact : _____

Relationship: _____ Phone: _____

Mandatory Release Form

I know that running or walking in this event is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running or walking in this event, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my application, I, for myself and anyone entitled to act on my behalf, waive and release any and all sponsors including, but not limited to Grants Pass Family YMCA, and all sponsors, the representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may rise out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____

Signature of Parent or Guardian if participant is under 18 years:
