



SPRING YOUTH SPORTS

Session 1: April 3 - May 4, 2023

SOCCER

The first week will be an hour practice. The next 4 weeks will be 30 minute practice followed by a 30 minute scrimmage.

LOCATION: REDWOOD PARK
Grades K-1 5:00-6:00pm (TUESDAYS)
Grades 2-3 4:00-5:00pm (THURSDAYS)
Grades 4-6 5:15-6:15pm (THURSDAYS)
Cost: \$43/M - \$58/NM

T-BALL

The first week will be an hour practice. The next 4 weeks will be 30 minute practice followed by a 30 minute scrimmage.

LOCATION: REDWOOD PARK
Grades K-2 5:00-6:00pm (MONDAYS)
Cost: \$43/M - \$58/NM

MICRO SPORTS (ages 3-5)

PARENT PARTICIPATION IS REQUIRED

LOCATION: REDWOOD PARK
T-ball 4:00-4:45pm (MONDAYS)
Soccer 4:00-4:45pm (TUESDAYS)
Cost: \$33/M - \$48/NM

VOLLEYBALL LEAGUE

This is not designed for beginners. Sign up as an individual and rotate who you play with each game. First 30 minutes are warm ups and drills. Volleyball staff will coach the girls throughout the games.

LOCATION: GRANTS PASS FAMILY YMCA
Grades 7-12 4:00-6:00pm (WEDNESDAYS)
Cost: \$80/M - \$110/NM

TENNIS CLINICS

We will teach the basic rules & strategies of tennis - how to hold a racket, hit different shots and move on the court.

Ages 6-8 4:30-5:30pm (TUESDAYS)
LOCATION: GRANTS PASS FAMILY YMCA
Ages 9-12 4:30-5:30pm (WEDNESDAYS)
Ages 13-18 5:30-6:30pm (WEDNESDAYS)
LOCATION: MORRISON PARK TENNIS COURTS
Cost: \$43/M - \$58/NM

Register at the Grants Pass Family YMCA or online at www.grantspassymca.org.

CLIMBING WALL - clinics for ages 6+

ARCHERY - group lessons for ages 8+

See our website for dates, times & fees

BE A
TEAM
PLAYER



* M = YMCA Member & NM = YMCA Non-Member





SPRING YOUTH SPORTS

Session 2: May 8 – June 8, 2023

(No class Monday, May 29th)

OUTDOORS at REDWOOD PARK

SOCCER

The first week will be an hour practice. The next 4 weeks will be 30 minute practice followed by a 30 minute scrimmage.

Grades K-1 5:00-6:00pm (TUESDAYS)
Grades 2-3 4:00-5:00pm (THURSDAYS)
Grades 4-6 5:15-6:15pm (THURSDAYS)
Cost: \$43/M - \$58/NM

TRACK & FIELD

Kids will have fun running, jumping, throwing, doing relay races and competitions. We will divide kids into groups based on grade and skill level.

Grades K-6 5:00-6:00pm (MONDAYS)
Cost: \$35/M - \$50/NM

PICKLEBALL CLINICS

We'll teach how to hold a paddle, hit different types of hits, rules and strategies of the game.

Grades 4-12 4:00-5:00pm (TUESDAYS)
Cost: \$43/M - \$58/NM

MICRO SPORTS (ages 3-5)

PARENT PARTICIPATION IS REQUIRED.

Track & Field - 4:00-4:45pm (MONDAYS)
Cost: \$26/M - \$41/NM
Soccer - 4:00-4:45pm (TUESDAYS)
Cost: \$33/M - \$48/NM

VOLLEYBALL LEAGUE

Sign up as an individual and rotate who you play with each game. First 15 minutes is warm ups and drills. Volleyball staff will coach the girls throughout the games.

LOCATION: Grants Pass Family YMCA

Grades 4-6 4:00-5:00pm (WEDNESDAYS)
Grades 7-12 5:15-6:15pm (WEDNESDAYS)
Cost: \$43/M - \$58/NM

TENNIS CLINICS

We will teach the basic rules and strategies of tennis - how to hold a racket, hit different shots and move on the court.

Ages 6-8 4:30-5:30pm (TUESDAYS)
LOCATION: GRANTS PASS FAMILY YMCA

Ages 9-12 4:30-5:30pm (WEDNESDAYS)
Ages 13-18 5:30-6:30pm (WEDNESDAYS)
LOCATION: MORRISON PARK TENNIS COURTS
Cost: \$43/M - \$58/NM

CLIMBING WALL - clinics for ages 6+

ARCHERY - group lessons for ages 8+

See our website for dates, times & fees

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