SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!

SAFE SITTER® CLASS INFORMATION

2022 classes run on the
2nd SATURDAY of EVERY MONTH
9:00am - 2:30pm

Grants Pass Family YMCA
1000 Redwood Ave, Grants Pass, OR 97527

REGISTRATION INFORMATION

$50 per member & $65 per non-member

Students should bring a lunch and water bottle.

Pre-registration is required. You may register at the YMCA or online.
Online registration is available at www.grantspassymca.org.

the YMCA
FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

(541) 474-0001
slund@grantspassymca.net

SAFESITTER

SAFE SITTER® CLASS CONTENT

SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.

FIRST AID & RESCUE SKILLS

Learning skills such as choking rescue is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses.

LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.

CHILD CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.

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