



SAVE LIVES BECOME A LIFEGUARD



KICK START YOUR FUTURE BY BECOMING A CERTIFIED LIFEGUARD FOR THE YMCA

When it comes to emergencies, are you the first to respond or take charge? If you enjoy helping people and are interested in learning how to save lives, we have an opportunity for you!

The Grants Pass Family YMCA is offering the American Red Cross Lifeguard Certification Course for individuals that are interested in working for the YMCA. We will train and certify individuals on preventing risks and responding to emergencies in and around aquatics facilities. This is an excellent job for those wanting to go into the Health Care industry.

Certification includes: CPR/AED for the Professional Rescuer, Basic First Aid and Emergency Oxygen administration.

COURSE REQUIREMENTS:

- Participants must be a minimum of 16 years old by the end of the course.
- Must be able to complete Course Prerequisites:
300 yd Swim, 2 min. Tread water, swim 20 yds and dive down 7+ feet and retrieve a 10lb brick and bring it back to the starting point within 100 seconds.
- Complete a final knowledge and skills assessment.
- Successful completion will allow eligibility to be hired at the YMCA.
- A pre-course assessment can be scheduled with the Aquatics Director if you are unsure you are able to pass the prerequisites.

REGISTRATION:

Registration can be completed with Member services or online at grantspassymca.org

If there are any further questions, please contact Brock Willis, the Aquatics Director, at bwillis@grantspassymca.net

Sat & Sun 2pm—7pm

Course Dates:

October 9th—October 17th

(registration 9/1-10/8)

Cost: FREE*

*this offer is only for those who apply and are hired by the Grants Pass YMCA