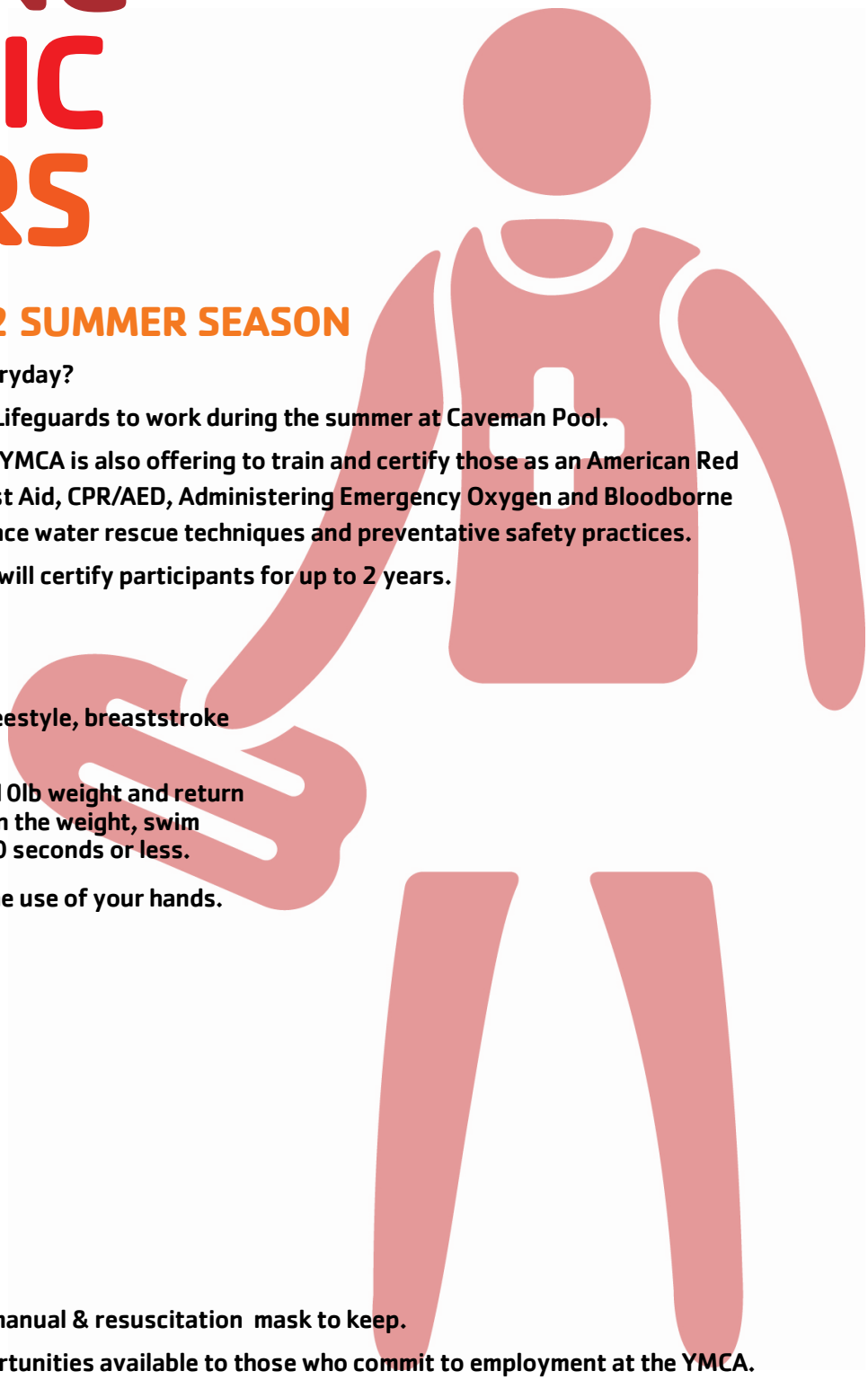
the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILDING AQUATIC LEADERS



CAVEMAN POOL 2022 SUMMER SEASON

Need an excuse to go to the pool everyday?

The Grants Pass YMCA is now hiring Lifeguards to work during the summer at Caveman Pool.

Not certified as a Lifeguard yet? The YMCA is also offering to train and certify those as an American Red Cross Lifeguard. Develop skills in First Aid, CPR/AED, Administering Emergency Oxygen and Bloodborne Pathogens as well as basic and advance water rescue techniques and preventative safety practices.

Successful completion of the course will certify participants for up to 2 years.

Prerequisites

Must be 15 years or older.

Swim 300 yds continuously using Freestyle, breaststroke or a combination of both.

Swim 20 yds; dive 7′-10′; retrieve a 10lb weight and return to the surface; keeping both hands on the weight, swim back to the starting point, within 100 seconds or less.

Tread water for 2 minutes without the use of your hands.

Class dates & times

Spring 2022

April 24th - May 7th

May 14th - May 22nd

12pm to 7pm, Sundays & Saturdays

Cost

YMCA Members: $180*

YMCA Non-Members: $200*

Participants will receive a lifeguard manual & resuscitation mask to keep.

***Discount & YMCA membership opportunities available to those who commit to employment at the YMCA.**