



# SAVE LIVES BECOME A LIFEGUARD



## KICK START YOUR CAREER BY BECOMING A CERTIFIED LIFEGUARD

When it comes to emergencies, are you the first to respond or take charge? If you enjoy helping people and are interested in learning how to save lives, we have the opportunity for you!

The Grants Pass Family YMCA offers Lifeguard Certification Courses to train and certify individuals on preventing risks and responding to water emergencies. Certification includes CPR/AED, Basic First Aid and Emergency Oxygen administration.

### COURSE REQUIREMENTS:

- Participants must be a minimum of 16 years old
- Successfully complete pre-qualification swim test
- Complete all required online pre-course work prior to the first class

### REGISTRATION:

Upon successful completion of the swim test, registration to the course will be granted. Space is limited for the test, secure your spot today! Register for the pre-qualification swim test online or by calling the Grants Pass Family YMCA (541-474-0001)

Please contact **Erin Witthuhn** at [ewitthuhn@grantspassymca.net](mailto:ewitthuhn@grantspassymca.net) if interested in becoming a YMCA lifeguard.

### Pre-Swim:

December 12: 1:00pm-3:00pm

December 16: 7:00pm-9:00pm

### Lifeguard Class:

December 19th-22nd:

Saturday-Tuesday, 9:00am-7:00pm

At The Grants Pass Family YMCA

### Cost:

Pre-swim: FREE

Lifeguard Class:

YMCA Members: \$120

Non-Members: \$160