



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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# GYM CLASS HEROES

The Grants Pass Family YMCA offers a unique Physical Education experience for homeschoolers. Our program is designed to allow kids to sample a wide variety of sports and other activities throughout the year. We focus on teaching fundamental skills and rules of the games while also instilling the YMCA values of caring, honesty, respect and responsibility in our participants with an emphasis on sportsmanship.

**DAYS:** Wednesdays - 10 weeks  
**DATES:** October 6 - December 15, 2021  
(No class November 24th)  
**TIME:** 10:30-11:30 AM  
**LOCATION:** Grants Pass Family YMCA  
**GRADES:** Kindergarten - 8th  
Class will be divided into groups based on grade, skills & enrollment numbers.  
**COST:** \$45/member  
\$60/non-member

## SPORTS WILL VARY PER WEEK:

Basketball	Volleyball
Floor hockey	Relay races
Speed & agility	Gym games
Pickleball	Rock wall climbing
Dodgeball	Soccer

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