

MORE THAN A GAME

THE Y SPORTS EXPERIENCE

It's the smiles on their faces as they take to the fields and courts. It's that spark in their eyes when it finally clicks. It's watching them gain confidence and make memories they will never forget! Register online at:

www.grantspassymca.org or return this form with payment to the YMCA.

SPORTS CLINIC DETAILS

These clinics will cover the fundamentals of each sport: ball control, passing, catching, kicking, jumping, throwing, conditioning and strength training.

- Masks will only be required during interactive drills and scrimmages where 6' social distancing cannot be maintained
- Players will be placed in groups of no more than 10
- Players should bring a water bottle, face mask and wear athletic shoes
- Families may attend clinics but must practice social distancing from other households.

BECOME A VOLUNTEER COACH

Be a positive influence for kids by serving as a volunteer coach at the Y. Whether you're new to coaching or a "seasoned veteran," don't worry. We've got you covered. The Y offers Coach's Training for anyone interested in leading a team. Contact the YMCA Sports Director for details.

REFUND POLICY

Refunds and credits will be determined by the Program Director.

WEATHER POLICY

In case of inclement weather, a decision will be made 2 hours before the start of the program scheduled time. Make-up sessions will be scheduled based on field and gym availability.

QUESTIONS?

Please contact:
Stephanie Lund

Director of Sports and Family Programs

slund@grantspassymca.net
541-474-0001

Visit grantspassymca.org to register online, view game schedules & more!



FALL YOUTH SPORTS CLINICS

GRANTS PASS FAMILY YMCA



BRING YOUR GAME!



FUTURES START HERE



PLAYER/PARENT INFO

Participant Name: _____

Email: _____
(email address is used for weekly program updates)

Home address: _____

City: _____ State: _____ Zip: _____

DOB: ____/____/____ Age: _____ Grade: _____

School Name: _____

Parent/Guardian Name: _____

Cell #: _____

Emergency Contact: _____

Cell #: _____

INTERESTED IN BECOMING A VOLUNTEER COACH?
(We would love more parents/guardians to help out)

YES _____ NO _____

Please list any known allergies and/or health conditions:

PARTICIPATION RELEASE

I release the Grants Pass Family YMCA, its coaches and officials from all claims of injury which may be sustained by above child while participating in any YMCA-sponsored activity, whether caused by the negligence of the YMCA or otherwise. If medical attention is required, I give my permission for such medical care. I also agree to follow the Grants Pass Family YMCA sportsmanship standards and guidelines. By signing below, I give the YMCA permission to use photographs or videos of the above named participant in its promotional/educational materials.

Parent/Guardian Signature Date

Return forms & payment to YMCA

FALL YOUTH SPORTS CINICS

Session 1 Dates: September 14 – October 15

Session 2 Dates: October 19 – November 19

YOUTH VOLLEYBALL

LOCATED AT RIVERSIDE PARK (BASEBALL OUTFIELD)

FALL 1 SESSION

- Grades K-2: 4:00-5:00pm (WEDNESDAYS)
- Grades 3-5: 4:00-5:00pm (WEDNESDAYS)
- Grades 6-8: 5:15-6:15pm (WEDNESDAYS)
- Grades 9-12: 4:00-5:00pm (THURSDAYS)

FALL 2 SESSION

- Grades 3-5: 4:00-5:00pm (WEDNESDAYS)
- Grades 6-8: 5:15-6:15pm (WEDNESDAYS)
- Grades 9-12: 4:00-5:00pm (THURSDAYS)

YOUTH SOCCER

LOCATED AT REDWOOD PARK

FALL 1 SESSION

- Grades K-1: 5:15-6:15pm (MONDAYS)
- Grades 2-3: 4:15-5:15pm (TUESDAYS)
- Grades 4-5: 5:30-6:30pm (TUESDAYS)

YOUTH TRACK & FIELD

LOCATED AT RIVERSIDE PARK (BASEBALL FIELD)

FALL 2 SESSION

- Grades K-5: 5:15-6:15pm (MONDAYS)

YOUTH FOOTBALL

LOCATED AT RIVERSIDE PARK (BASEBALL FIELD)

FALL 2 SESSION

- Grades K-2: 4:00-5:00pm (TUESDAYS)
- Grades 3-5: 5:15-6:15pm (TUESDAYS)

COST: \$35/Members & \$50/Non-Members

HIGH SCHOOL GIRL'S VOLLEYBALL GRASS LEAGUE

LOCATED AT RIVERSIDE PARK (BASEBALL OUTFIELD)

Sign up as an individual and come ready to have fun. Players will be placed on teams that rotate each week.

FALL 1 SESSION

- Grades 9-12: 5:00-6:00pm (THURSDAYS)

FALL 2 SESSION

- Grades 9-12: 5:00-6:00pm (THURSDAYS)

COST: \$35/Members & \$50/Non-Members

MICRO SPORTS CLINICS

(PARENT PARTICIPATION IS REQUIRED)

Micro Sports Clinics are for 3-4 year olds. These clinics are lead by a YMCA sport's instructor and depend on parent/guardian participation. We will teach the basic skills and rules of the game! Everyone should come dressed and ready to play and have fun! Make sure to bring a water bottle.

FALL 1 SESSION - SOCCER

LOCATED AT REDWOOD PARK

- Ages 3-4: 4:15-5:00pm

FALL 2 SESSION - FOOTBALL

LOCATED AT RIVERSIDE PARK (BASEBALL FIELD)

- Ages 3-4 4:15-5:00pm

COST: \$25/Members & \$40/Non-Members

SEE REVERSE SIDE FOR PROGRAM DETAILS