



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FALL YOUTH SPORTS CLINICS

## Session 1 Dates: September 14 – October 15

These clinics will cover the fundamentals of each sport:  
Ball control, passing, catching, kicking, jumping, throwing, conditioning and strength training.

- ◆ Masks will only be required during interactive drills and scrimmages where 6’ physical distancing cannot be maintained (will take place near the end of most clinics).
- ◆ Players will be placed in groups of no more than 10 & equipment will be cleaned daily.
- ◆ Players should bring a water bottle, face mask and wear appropriate athletic shoes.
- ◆ Families may attend clinics but must practice social distancing from other households.

### HIGH SCHOOL GIRL’S VOLLEYBALL GRASS LEAGUE (4 vs 4)

Located at Riverside Park (baseball outfield)

Sign up as an individual and come ready to have fun playing the game of volleyball.

Players will be placed on teams that will rotate each week.

\* Thursdays from 5:00-6:00pm

COST: \$35/Member & \$50/Non-Member



### YOUTH VOLLEYBALL – Located at Riverside Park (baseball outfield)

Gr. K-5            Wednesdays from 4:00-5:00pm

Gr. 6-8           Wednesdays from 5:15-6:15pm

Gr. 9-12        Thursdays from 4:00-5:00pm

COST: \$35/Member & \$50/Non-Member



### YOUTH SOCCER – Located at Redwood Park

Gr. K-1           Mondays from 5:15-6:15pm

Gr. 2-3           Tuesdays from 4:15-5:15pm

Gr. 4-5           Tuesdays from 5:30-6:30pm

COST: \$35/Member & \$50/Non-Member

### MICRO SOCCER – Located at Redwood Park

(Parent Participation is required)

Ages 3-4        Mondays from 4:15-5:00pm

COST: \$25/Member & \$40/Non-Member





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# FALL YOUTH SPORTS CLINICS

## Session 2 Dates: October 19 – November 19

These clinics will cover the fundamentals of each sport:  
Ball control, passing, catching, kicking, jumping, throwing, conditioning and strength training.

- ◆ Masks will only be required during interactive drills and scrimmages where 6’ physical distancing cannot be maintained (will take place near the end of most clinics).
- ◆ Players will be placed in groups of no more than 10 & equipment will be cleaned daily.
- ◆ Players should bring a water bottle, face mask and wear appropriate athletic shoes.
- ◆ Families may attend clinics but must practice social distancing from other households.

### HIGH SCHOOL GIRL’S VOLLEYBALL GRASS LEAGUE (4 vs 4)

Located at Riverside Park (baseball outfield)  
Sign up as an individual and come ready to have fun playing the game of volleyball.  
Players will be placed on teams that will rotate each week.  
\* Thursdays from 5:00-6:00pm



### YOUTH VOLLEYBALL – Located at Riverside Park (baseball outfield)

Gr. 3-5      Wednesdays from 4:00-5:00pm  
Gr. 6-8      Wednesdays from 5:15-6:15pm  
Gr. 9-12     Thursdays from 4:00-5:00pm

### YOUTH TRACK & FIELD – Located at Riverside Park (baseball field)

Gr. K-5      Mondays from 5:15-6:15pm

### YOUTH FOOTBALL – Located at Riverside Park (baseball outfield)

Gr. K-2      Tuesdays from 4:00-5:00pm  
Gr. 3-5      Tuesdays from 5:15-6:15pm

COST: \$35/Member & \$50/Non-Member



### MICRO FOOTBALL

Located at Riverside Park (baseball field)  
(Parent Participation is required)

Ages 3-4      Mondays from 4:15-5:00pm

COST: \$25/Member & \$40/Non-Member

