



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Winter Rock Wall Climbing Classes

(All fees include the necessary climbing equipment)

## BELAY CERTIFICATION CLASS

This class is designed to teach about equipment usage and inspections, knots for climbing, safety checks, communication and belaying techniques.

Age: 14+ years old  
Session 1: December 2, 2021 (THURSDAY)  
Session 2: February 4, 2022 (FRIDAY)  
Times: 5:00-8:00pm  
Cost per date: \$30/Member - \$45/Non-member

## TECHNICAL SKILLS CLASS

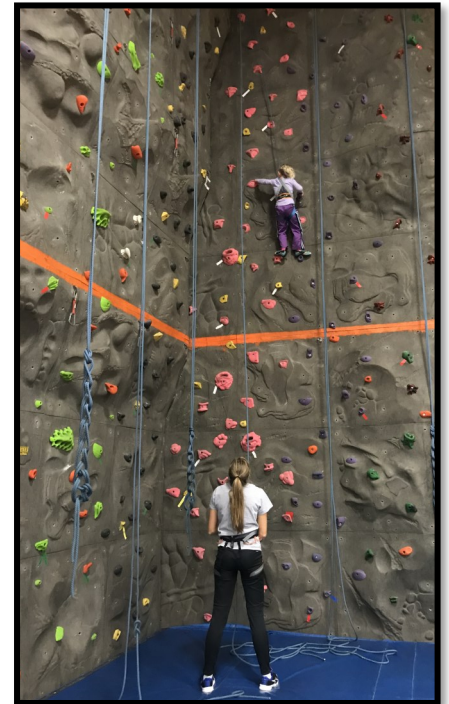
It is highly recommended that participants receive their belay certification prior to the start of the class. This class will include static, dynamic, crack and overhand climbing. We'll work on footwork, body position, strength training and climbing strategies.

Age: 14+ years old  
Session 1: January 14 - 28, 2022 (FRIDAYS)  
Session 2: February 11 - 25, 2022 (FRIDAYS)  
Times: 6:00-8:00pm  
Cost per session: \$55/Member - \$70/Non-member

## JUNIOR CLIMBERS CLASS

Have fun climbing our 30 foot rock wall and also enjoy time on our lower boulder wall. Climbers will try new routes, learn climbing techniques, play games on the wall and compete together.

Age: 6+ years old  
Session 1: January 11 - February 1, 2022 (TUESDAYS)  
Session 2: February 15 - March 8, 2022 (TUESDAYS)  
Time: 6:00-7:30pm  
Cost: \$55/Members - \$70/Non-members



## OPEN CLIMB

Starting on January 13, 2022

Days: Thursdays  
Times: 6:00-8:00pm  
Cost: Free to members  
Day use fee for non-members

## Contact information

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