

MAKING MEMORIES ONE CANNONBALL AT A TIME CAVEMAN POOL



2023 Summer Season | June 19th – August 25th

Daily Fee (4-5 hrs.)

4 & under w/ adult	Free
Youth (5-17)	\$5.00
Adult (18+)	\$6.50
Family*	\$12.00

**includes up to 4 members of the same household*

Season Pass

Youth	\$75
Adult	\$125
Family*	\$175

**Includes up to 4 members of the same household. \$40 per additional household member.*



MONDAY & WEDNESDAY*

Lap Swim	8a - 12p
Family Swim	8a - 12p
Swim Lessons	9:30a - 11:45a 4:30p - 6:30p
Open Swim	12:15p - 4:15p
Swim Club	8:30a - 9:30a
Pool rental	7p - 9p

TUESDAY & THURSDAY*

Lap Swim	8a - 12p 4:30p - 6:30p 7p - 9p
Family Swim	8a - 12p
Swim Lessons	9:30a - 11:45a 4:30p - 6:30p
Open Swim	12:15p - 4:15p

FRIDAY

Lap Swim	8a - 12p
	7p - 9p
Family Swim	8a - 12p
Open Swim	12:15p - 6p 7p - 9p

SATURDAY

Lap Swim	9:30a - 12p
Family Swim	9:30a - 12p
Open Swim	12:15p - 6p
Pool Rental	7p - 9p

SUNDAY

Open Swim	1p - 6p
Pool Rental	7p - 9p

*Portions of the pool may be used for YMCA programs.

Children under the age of 10 must have a parent/guardian present.
All non swimmers are required to have a parent/guardian in the water with them at all times.

» For more information

GRANTS PASS FAMILY YMCA
1000 Redwood Ave, Grants Pass, OR 97527
541-474-0001 | www.grantspassymca.org

CAVEMAN POOL
801 NE 9th St, Grants Pass, OR 97526
541-479-2569
www.grantspassoregon.gov/291/Caveman-Pool

For a better us.®

Pool Rentals

Reservations are available for private parties or events from 7p - 9p Sun, Mon, Wed, and Sat.

All party/event registrations must be scheduled and the deposit paid a minimum of two weeks in advance for it to be held and the remaining fee paid a week before the event. Cancellations must be done a minimum of 24hrs in advance to receive a partial refund, unless under certain circumstances such as poor air quality.

Lap Lanes are available for reservation by private groups needing only a part of the pool. Only available during posted lap swim hours.

Table rentals are available all day and payments can be made at Caveman Pool.

Rental Fees

Private Group (up to 75 guests)* \$175/hr. (min 2hrs)

Price includes a non-refundable deposit of \$150

Lap lane** \$25/hr./lane (min 1hr.)

Table** \$25/table/Swim Session

*Additional guests pay normal day fee..

**Guests must pay day fee if not a season pass holder.

Please contact Brock Willis to reserve.

541-916-5791 bwillis@grantspassymca.net

Swim Starters (Parent & Child)

Stage A / Water Discovery Introduces infants and toddlers to the aquatic environment.

Stage B / Water Exploration Focuses on exploring body positions, blowing bubbles and fundamental safety and aquatic skills.

Swim Basics (Preschool & School Age)

Stage 1 / Water Acclimation Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

Stage 2 / Water Movement Encourages forward movement in water and basic self-rescue skills performed independently.

Stage 3 / Water Stamina Develops intermediate self-rescue skills performed at longer distances than in previous stages.

Swim Strokes (Preschool & School Age)

Stage 4 / Stroke Introduction Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

Stage 5 / Stroke Development Introduces breast-stroke and butterfly and reinforces water safety through treading water and sidestroke. (School Age only)

Stage 6 / Stroke Mechanics Refines stroke technique on all major competitive strokes and encourages swimming as part of a healthy lifestyle. (School Age only)

Private/Semi-Private Lessons

Work at your own pace with a customized curriculum to meet your desired goals.

Available for all swimming abilities ages 3+. Private lessons are 1 student to 1 instructor ratio; Semi-private lessons are 2+ students to 1 instructor ratio. Prices are per student. Must be scheduled before payment. For more questions contact Jayde Klipfel at 541-916-5791 jklipfel@grantspassymca.net

Private:
30 Minutes

5 lessons | \$140

Semi-private:
30 Minutes

5 lessons | \$104

Summer Swim Club

June 19th - August 24th

Coached by local high school swim team coaches, participants entering grades 6-12 can develop their skills in all four swim strokes as well as build speed and endurance. Must be able to swim 25 yds. Sign up and invite a friend!

Participants will have the option to compete at meets if they would like.

Practice Times: Mon & Wed 8:30a - 9:30a

Cost: \$75, covers daily fees for entire summer.

Swim Lessons | June 19th - August 24th

Registrations can be completed in person at the Caveman Pool

8 lessons

30 minute lessons (Parent/Child & Preschool)

\$84

40 minute lessons (School Age)

\$96

*No lessons July 4th, Independence Day

Session Dates

Session A: 6/19 - 6/29

Session B: 7/3 - 7/13*

Session C: 7/17 - 7/27

Session D: 7/31 - 8/10

Session E: 8/14 - 8/24

YMCA reserves the right to combine and or cancel classes as necessary.

Fee includes a 10% non-refundable deposit for participant cancellation

Mon - Thu

Parent/Child & Preschool

Stage 1: 9:30a | 5:15p

Stage 2: 10:15a | 6:00p

Stage 3: 11:00a

Stage A&B: 4:30p

School Age

Stage 1: 9:30a

Stage 2: 10:15a

Stage 3: 11:00a | 4:30p

Stage 4: 5:15p

Stage 5&6: 6:00p