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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INFORMATION NIGHT AT THE YMCA ON ACUPUNCTURE

## INSTRUCTIONAL AND DEMONSTRATION Acupuncture GRANTS PASS FAMILY YMCA

The Grants Pass YMCA Wellness Center will soon be offering Acupuncture at the YMCA. We know that many people would like to know more about what acupuncture is, what it does to the body and how it can help you. We are offering 3 different nights of classes to help educate people on how acupuncture contributes to your overall health. During this informational night we will offer a 30 minute education session and then a short treatment if you desire to give it a try!

### Dr. Shawn Harris

Dr. Harris is a leader in the field of neuromuscular pain management. He was the lead acupuncturist for the Beckley VA medical center and continues to work extensively with veterans. As an Acupuncturist he can provide: Acupuncture, Chinese herbal medicine, Electro-Stimulation, Nutrition Counseling, Asian bodywork & traditional naturopathy.

### Price

\$20 per person to attend

### Date & Times

Please only attend one day (Grants Pass Family YMCA)

- Friday October 2nd, 2020 @ 6pm
- Tuesday October 6th, 2020 @ 6pm
- Friday October 9th, 2020 @ 6pm



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