



**Muso Jikiden Eishin Ryu Iaido**  
Traditional Japanese Swordsmanship

Eishin Ryu Iaido, as a traditional martial art, has been around for about 450 years survived thru direct lineage by Miura Takeyuki Hirefusa. Its name means unequalled direct-lineage Eishin-style Iaido.

It is very unlikely that you will slip your hakama on, sling your katana at your side and saunter down the street prepared to use your new skills or take up the cause of your lord or the downtrodden like the samurai of old.

The fact that you will probably never have to engage in a real sword battle is probably the biggest benefit of sword training. Those who train in martial arts with obvious practical application have a tendency to minimize the mental and spiritual training that goes on in the art. Most self defense arts are content to merely give lip service to the concepts. This cannot be said of Iaijutsu.

# 古流

## About the Instructor

Justin Hager has been studying Japanese Swordsmanship for over fifteen years. Justin holds a sixth degree black belt in Muso Jikiden Eishin Ryu Iaido from Magin Iaido and Aikido Udansha Dojo in Medford.

Among other accomplishments, Justin is the appointed caretaker of the Fujita Sword. The ancient samurai sword was given to the people of Brookings by the only man to have ever bombed American soil.

**Justin also teaches various classes about proper maintenance, fixing, rebuilding, and restoring most equipment associated to Traditional Swordsmanship and Kendo.**

Justin has two daughters 12 and 15 years old and continues to train and learn Iaido.

Justin has been a Grants Pass resident for all his life, loves his family, and his community.



## Grants Pass Family YMCA



## Traditional Japanese Swordsmanship

## Appropriate student age:

|                       |             |
|-----------------------|-------------|
| Beginner/Intermediate | Ages 8 – Up |
|-----------------------|-------------|

## Class Schedule Tuesday 7PM

*Please show up a little early to change and be ready for class to start at the perspective times.*

**Monthly Fee: \$25**

**SIGN UP TODAY!**

## Supplies needed:

Beginner students are required to bring:

- Comfortable workout clothes
  - (Hakama and laido-gi) will be required later.
- Bokken (wooden practice sword)
  - Loaners are available until student can get their own.
  - Saya, or Bokken scabbard, is available.

Intermediate and Advanced students are required to bring:

- Uniform
  - Hakama and laido-gi or kendo-gi
  - Kaku-obi
- Bokken practice sword
- Approved Iaito (No Sharp Swords)



## Key Components Taught

- Bushi-Do
- Self Control
- Awareness
- Courage
- Respect
- Body Mechanics
- Balance
- Endurance
- Honor Awareness



The term laido: the first syllable lai contains of two characters: I(ru) = to be, and Ai(Au) = fit together; the complete meaning is **to be there**. The second syllable Do means way (of personal education). In the center stands the training of a special skill. The aim is to expand consciousness and understanding through purposeful practice and moving meditation.

*A fun and exciting way to develop!*

**Grants Pass Family YMCA**  
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