

GRANTS PASS FAMILY YMCA

SUMMER SPORTS CAMPS 2010

Horseback Riding Lessons

Located in the North Valley Area

The YMCA is proud to offer horseback riding lessons to ages 5 – 14. This program will provide children with knowledge about horses and how to ride and care for them.

The program will start in July of 2010. Sessions will last one hour and will meet once a week for 4 weeks.

Cost: \$60 members/\$80 non-members

Stop by the YMCA or call Darren Clark at 541-474-0001 for more information.

VOLLEYBALL CAMP

June 21-25th 9:30-11:30am 4th-8th grades
 Cost: \$50 for members /\$70 for non-members
 Coach: Sue Bars, YMCA sports staff

This camp is ideal for the volleyball enthusiast. This camp will work on basic volleyball skills with plenty of games, drills and contest. We will also focus on team work, goal setting, leadership, sportsmanship, and character.

BASKETBALL CAMP

August 9-13th 8:30am-11:30am 6-14 year olds
 Cost: \$80 for members /\$100 for non-members
 Coaches: Brant Minor, DIV. 1 Basketball Player

This basketball camp will focus on individual skills of each athlete. Athletes will focus on shooting form, footwork, and other offensive skills.

BRITISH SOCCER CAMP

British Soccer Camp by Challenger Sports
 Camp will be held at the Reinhart Volunteer Soccer Field
 July 12-16th 9-12pm or 5-8pm
 5-14 years old

The Grants Pass Family YMCA is glad to be hosting a British Soccer Camp. The coaches are selected from talented coaches from Britain who are trained specifically for these camps. Sign up early and receive a free British soccer jersey.
 \$128 per participant, \$10 late fee after 7/2/10

TENNIS CAMP

June 28 – July 2nd 8-10:30am 4th-8th grade
 Cost: \$50 for members /\$70 for non-members
 Coach: Laura Payne, GPHS Mens Coach

This camp is designed for the beginner tennis player. Athletes will learn forehand, backhand, serving and volleying. Athletes need to have their own tennis racket and water bottle. There will be plenty of practice, playing and lots of fun! Camp is limited to 8 athletes.

Meet at the Reinhart Volunteer Park Tennis Courts.

Golf Camp

DUTCHER CREEK GOLF COURSE

Tuesdays: June 22 – July 27 or Fridays: June 25 – July 30

*Two age groups – 8-10 years and 11-13 years

Beginners: 8-10 year olds at 9-10am / 11-13 year olds at 10-11am

Cost: Full camp \$50 Y members /\$70 non-members

Individual days: \$10 Y members /\$15 non-members

Athletes will learn golf etiquette, rules, individual parts of swinging, chipping, and putting.

Bring your own clubs.

Coach: Marty Aubrey, Instructor at Dutcher Crk

YOUTH DROP-IN ACTIVITIES

We will have scheduled drop in activities available to keep kids busy during the summer. A supervisor will host a variety of gym games, crafts, scooter time, mini-tournaments, both rock walls will be open, bounce track fun, Dance Dance Revolution, wii games, dodgeball, and more. Get updated weekly schedules at the Courtesy Counter.

Summer activities start June 14 from 12pm-6pm

For more information call the Grants Pass Family YMCA at 541-474-0001

PO Box 5439 • 1000 Redwood Avenue • Grants Pass, OR 97527

“To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.”