



GRANTS PASS FAMILY YMCA SUMMER SPORTS CAMPS 2009

GOLF CAMP

DUTCHER CREEK GOLF COURSE

Tuesdays: June 23 – July 28 or Fridays: June 26 – July 31

*Two age groups – 8-10 years and 11-13 years

Beginners: 8-10 year olds 8:30-9:30am

Beginners: 11-13 year olds 10-11am

Advanced: 10&up Thurs, June 25 – July 30 1-2pm

Cost: Full camp \$50 Y members /\$70 non-members

Individual days: \$10 Y members /\$15 non-members

Beginning athletes will be put in groups according to their ability. Athletes will learn golf etiquette, rules, individual parts of swinging, chipping, and putting. Advanced athletes will improve on their skills on the course.

Bring your own clubs.

Coach: Marty Aubrey, Golf Pro & Instructor at Dutcher Crk

VOLLEYBALL CAMP

July 20-24th 9:30-11:30am 4th-8th grades

Cost: \$50 for members /\$70 for non-members

Coach: Sue Bars, YMCA sports staff

This camp is ideal for the volleyball enthusiast. This camp will work on basic volleyball skills with plenty of games, drills and contest. We will also focus on team work, goal setting, leadership, sportsmanship, and character.

BASKETBALL CAMP

July 13-17th 9-11am 4th-8th grade

Cost: \$50 for members /\$70 for non-members

Coaches: Ken Lathen, retired high school coach

This basketball camp will focus on individual skills of each athlete. Athletes will focus on shooting form, footwork, offensive and defensive strategies.

BRITISH SOCCER CAMP

British Soccer Camp by Challenger Sports

Camp will be held at the Reinhart Volunteer Soccer Field

August 10-14th 9-12pm or 5-8pm

5-15 years old

The Grants Pass Family YMCA is glad to be hosting a British Soccer Camp. The coaches are selected from talented coaches from Britain who are trained specifically for these camps. Sign up early and receive a t-shirt and a ball.

\$120 per camp, \$10 late fee after 7/31/09

TENNIS CAMP

August 3-7th 8-10:30am 4th-8th grade

Cost: \$50 for members /\$70 for non-members

Coach: Laura Payne, YMCA sports staff

This camp is designed for the beginner tennis player. Athletes will learn forehand, backhand, serving and volleying. Athletes need to have their own tennis racket and water bottle. There will be plenty of practice, playing and lots of fun! Camp is limited to 8 athletes.

Meet at the Reinhart Volunteer Park Tennis Courts.

SUMMER JUNIOR HIGH BASKETBALL LEAGUES

Middle school athletes entering 6th-8th grades

Cost: \$175 per team

GIRLS: Mondays - June 29-July 27th (5 weeks)

BOYS: Wednesdays - July 1-29th (5 weeks)

Keep your ballin' skills sharp this summer. We will play OSAA rules with 8 minute quarters, and a 5 minute half. We have OSAA approved officials. Home team keeps book, visitor runs the clock.

YOUTH DROP-IN ACTIVITIES

We will have scheduled drop in activities available to keep kids busy during the summer. A supervisor will host a variety of gym games, crafts, scooter time, mini-tournaments, both rock walls will be open, bounce track fun, Dance Dance Revolution, wii games, dodgeball, and more. Get updated weekly schedules at the Courtesy Counter.

Summer activities start June 15 from 10am-6pm

For more information call the Grants Pass Family YMCA at 474-0001

PO Box 5439 • 1000 Redwood Avenue • Grants Pass, OR 97527

“To put Christian principles into practice through programs that build healthy spirit, mind and body for all.”