

# HOME SCHOOL P.E.



## 2009-2010



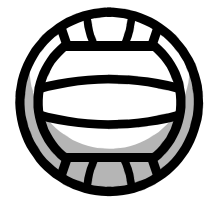
### Ages 5-10 & 11-16



The Grants Pass Family YMCA offers a unique Physical Education experience for Home Schoolers. Our program is designed to allow kids to sample a wide variety of sports and activities throughout the year. We focus on teaching fundamental skills and rules of the game while also instilling the YMCA values of caring, honesty, respect, and responsibility in our participants.

\*Athletes will meet at the same time but be divided into two separated age groups.

2009-2010 SCHEDULE	
OCTOBER	Soccer (meet at Reinhart Park, formally All Sports Park)
NOVEMBER	Gym Games & sports sampling. Older group-Strength training
DECEMBER	No P.E. Classes-Enjoy the Holiday Season
JANUARY	Rock Climbing
FEBRUARY	Archery
MARCH	Basketball *no class during Spring Break-April 1st will be last day
APRIL	Volleyball
MAY	Softball (meet at Reinhart Park, formally All Sports Park)



**AGES:** 5-10 in younger group; 11-16 in older group  
**COACHES:** Darren Clark (younger coach) Louis Molano (older coach)  
**DAYS:** Tuesday & Thursday  
**TIME:** 1:30-2:30  
**LOCATION:** Grants Pass Family YMCA (unless noted otherwise above)  
**FEES (per month session):** Member- \$20 Non-Member- \$35  
\*sessions are subject to change/cancellation at the discretion of the Y.



YMCA

We build strong kids,  
strong families, strong communities.

**Grants Pass Family YMCA**  
**474-0001**  
**1000 Redwood Ave.**